

003 Speaking begins.

005 Introduction of Emily Helms, born in Mendocino County. She had lived in Eureka for 62 years.

008 She was born in Redwood (Mendocino County) in 1875.

014 She came to Humboldt County at age eight.

017 Her father worked as a shoemaker and in the woods at Freshwater.

022 Freshwater was previously known as Wrangletown.

030 Emily Helms married in Freshwater and bore two daughters, who resided in San Francisco.

034 Helms' daughter, Ruby Lee Welch, was in films for five years. Welch appeared along with Mary Pickford in "Changing Husbands".

046 Helms sang in Minstrel shows at Dunn's Hall in Freshwater. Jim Bashford was in charge of the shows, which also played at Bayside and Trinidad.

051 Description of Minstrel shows.

058 Mr. Helms operated a steam donkey in the woods.

060 Description of early logging using oxen.

063 Naming of early Freshwater residents.

078 Mrs. Helms' favorite songs.

095 A Christmas tree with lighted candles would be set up in the middle of Dunn's Hall, and Mrs. Helms and her twin sister sang by the tree.

123 End of Side 2